Thoughts on the Construction of the Content System of Ideological and Political Education for College Students under the New Situation

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Abstract: Contemporary college students' sense of personal meaninglessness is mainly manifested in three aspects: the perplexity of life direction and the nihility of belief ownership, the rise of pessimism and the absence of heroism, the contradiction of moral choice and the predicament of role expectation. To strengthen and improve the ideological and political education of College students, we should take ideals and beliefs as the core, carry out in-depth education on establishing correct world outlook, outlook on life and values, so as to enable college students to establish the common ideal and firm belief of taking the socialist road with Chinese characteristics under the leadership of the Communist Party of China and realizing the great rejuvenation of the Chinese nation. Focusing on patriotism education, based on ideological and moral construction, aiming at quality education to promote all-round development, the content system of ideological and political education for college students with complete elements, clear levels, front-to-back connection and coordinated development. Only by confronting the realistic contradictions of the ideological and political education of college students, learning from the historical experience and carrying out exploration and innovation can we complete the strategic task of ideological and political education for college students.

1. Introduction

Strengthening and improving the ideological and political education of college students is of great and far-reaching strategic significance for the full implementation of the strategy of rejuvenating the country through science and education and the strategy of strengthening the country by talents, and ensuring that China remains invincible in the fierce international competition [1]. Deeply carry out the education of promoting and cultivating national spirit; deeply carry out the civic moral education on the basis of basic moral norms; take the overall development of college students as the goal, carry out the quality education in depth. Under the new situation, when this common vision injects the New Era Connotation of "national prosperity, national rejuvenation and people's happiness", it will further stimulate the strong national self-confidence and self-consciousness in the hearts of Chinese children, and call and cultivate a batch of people with lofty ideals to embark on a dream-driven journey [2]. College students are very valuable human resources, the hope of the nation, and the future of the motherland. Strengthen and improve the ideological and political education of college students and improve their ideological and political quality. Ensuring the realization of the grand goal of building a well-off society in an all-round way and accelerating socialist modernization [3].

Contemporary college students are a knowledge group, a thinking group, a development group, and the group with the highest social expectations. Innovation, as an important driving force for the development of the current era, is the basic force for solving strategic problems and the basic method for opening up new prospects for work [4]. College students, as a group that is growing up and being in the open, competitive environment and frontier of knowledge and information distribution, as a valuable talent resource, both sensitively reflect and reflect the dynamics and appearance of society, and also indicate the future and prospects of society. We should attach great importance to the study of the content of Ideological and political education of college students and scientifically build its content system so as to enhance the pertinence, effectiveness, attractiveness and appeal of Ideological and political education of College students. Consider the relationship

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between the Chinese dream and oneself, form one's lofty life goal by understanding the social ideal, take the initiative to fulfill the social responsibility for the realization of the Chinese dream, and increase the strong youth energy for the realization of the Chinese dream [5]. This is an important measure taken by the CPC Central Committee to improve the ideological and political quality of college students and promote their all-round development. It is an action program to guide the ideological and political education of College students.

2. New Foundation Points for Ideological and Political Education of College Students

Adhering to people-oriented is the core of scientific development concept. Highlighting the new concept of people-oriented ideological and political education, clearly promoting people-oriented as the central idea of strengthening and improving ideological and political education of College students. Deeply carrying out correct education of world outlook, outlook on life and values, guiding and helping college students to establish lofty ideals and firm beliefs, is not only the most important subject of Ideological and political education for college students, but also the most challenging problem in contemporary society [6-7]. As the educational content of "blood" of Ideological and political education, it stipulates the scope and nature of Ideological and political education, implies the purpose and task of Ideological and political education, is the concrete goal of Ideological and political education, and is the basis for carrying out ideological and political education activities. It reflects the core values and humanistic care of the socialist countries. The education of Chinese dreams for college students enables college students to correctly understand the values contained in the Chinese dream and master the social laws embodied in the Chinese dream, which helps guide college students to establish correct dreams [8]. Persist in solving ideological problems and solving practical problems, adhere to the combination of education and management, and adhere to the combination of inheriting fine traditions and improving innovation.

Man is not only the existence of an entity, but also the existence of meaning. Deepen the party's basic theory, basic line, basic program and basic experience education, and carry out the history education of China's revolution, construction and reform and opening up. The youth is prosperous and the country is strong. College students are at a critical stage in the formation of world outlook, outlook on life and values, helping them to establish lofty ideals and beliefs, and what kind of people are going to take their lives and what kind of people they are going to do. We must adhere to the people-oriented, educating people-oriented; we must fully mobilize the enthusiasm and initiative of college students, and guide them to self-education, self-management, and self-service; it is necessary to educate people, guide people, care for people, and help people. From the perspective of social environment, the ideals and beliefs of college students are mainly influenced by multiculturalism and diverse value orientations. With the continuous opening of society and the turbulence of multiculturalism, colleges and universities have become the distribution center of social information and the forefront of information technology. College students are more directly and strongly influenced by social information and social environment [9]. To achieve the organic integration and coordinated development of the contents of Ideological and political education for college students, the elements that constitute the content of Ideological and political education should be rationally allocated so as to link up and penetrate into each other. It helps to guide college students to melt their dreams into the Chinese dream, enhance the height of positioning dreams, enhance the tenacity of pursuing dreams, and realize and sublimate their dreams in the process of devoting themselves to the realization of the Chinese dream.

The ideological and political theory course in colleges and universities is the main channel for college students' ideological and political education. In accordance with the requirements of fully embodying the latest achievements of contemporary Marxism, we must comprehensively strengthen the discipline construction, curriculum construction, teaching material construction and the construction of teachers' team in the ideological and political theory course. Vigorously strengthen the cultural quality education of college students, carry out rich and positive academic, scientific, sports, art and entertainment activities, combine moral education with intellectual education, sports, and aesthetic education, and educate in cultural activities. At present, some college students have a

kind of psychological distress: on the one hand, they feel a lot about the environmental pressure of their own survival, they are worried about the future, and they are helpless; on the other hand, they lack clear ambition and feel empty, stunned and helpless. The content of Ideological and political education of college students should always reflect the economic and political requirements of a certain society and be restricted by a certain social and political system. To strengthen and improve ideological and political education of College students, ideals and beliefs education as the core. As the spiritual pillar and power source of self-confession. To achieve the grand goal of modernization, to ensure the great rejuvenation of the Chinese nation, and from the height of the requirement of improving the ruling ability and consolidating the ruling position, we deeply understand the important significance and strategic position of strengthening and improving the ideological and political education of College students.

3. A New Explanation of the Theoretical System of Ideological and Political Education for College Students

The significance and strategic position of strengthening and improving the ideological and political education of college students in the new stage of the new century are expounded profoundly. We are required to ensure the full implementation of the strategy of rejuvenating the country through science and education and the strategy of strengthening the country by talents, and to ensure that our country remains invincible in the fierce international competition. Deep and meticulous ideological and political work and mental health education should be carried out. Institutions of higher learning should strictly administer education, strengthen management, improve school-running conditions, improve the quality of education and teaching, and create conditions for the growth and growth of College students. Therefore, college students in this society will inevitably face more challenges, more tests and more training. The objective fact is that in this highly competitive and complicated society, college students have neither superb acting nor rich qualifications. They are difficult to cope with the role of the model and they are unable to compete with the authority. To strengthen and improve the ideological and political education of college students, we must take the education of ideals and beliefs as the core, seek truth and be pragmatic, work hard, explore new ways, and grasp new achievements. Education guides college students to establish the path of socialism with Chinese characteristics under the leadership of the Communist Party of China. This overall requirement is guided by scientific theories to strengthen and improve the ideological and political education of college students from the aspects of fundamental guiding ideology, social and historical background, ideological and political education tasks, ideological and political education methods and purposes.

College students are in the stage of formation and development of world outlook, outlook on life and values. The content of ideological and political education for college students is guided by the educational goals. The goal of ideological and political education is an important part of the overall educational goal, and it is the starting point and destination of the ideological and political education process. It summarizes the requirements of the times for the educated. College students must shoulder the historical mission of realizing the Chinese dream and need strong spiritual power to support it. The Chinese Dream is a shared vision of the country, the nation and the people to pursue a better future based on objective reality. The majority of teachers should take the lead in dedication, words and deeds in a highly responsible manner, and give students a subtle influence with good thought, morality, quality and personality. Give full play to the backbone leading role and vanguard exemplary role in the ideological and political education of College students. We should persist in building Party branches in classes and strive to achieve the goal of "Party members in lower grades and Party branches in higher grades" in undergraduate classes. When people put the meaning and value of life on the basis of pure material money and wealth, it will undoubtedly be more painful to feel the hardship of life, the inconstancy of life and the pain of life, resulting in a sense of fragmentation of the separation of spirit and flesh, and the emptiness of mind. So this belief is immature and lacks foundation. It is impossible to withstand the test of all kinds of storms if we thoroughly understand and grasp the scientific essence of Marxism and upgrade our belief in socialism from perceptual to rational.

Systematic exposition of the tasks of Ideological and political education for college students shows that the direction of Ideological and political education for college students is more clear and specific, and the emphasis is more prominent in the development of higher education in China. From the perspective of social mechanism, college students' ideals and beliefs are directly related to market mechanism. The establishment of China's market economic system and the continuous improvement of market competition norms have made our society full of vigor and impetus for development, and promoted the rapid development of economy, science and technology and social undertakings. The reason why we regard Marxist theory as the core content of Ideological and political education for college students is that Marxism is a science concerning the universal law of the development of nature, society and human thinking, and a rigorous and complete scientific system. Reading Chinese dreams is the primary content of college students' Chinese dream education, and it is the basic premise of integrating Chinese dream into college students' ideological and political education. It is necessary to dig deeper into the ideological and political education resources of various courses, strengthen ideological and political education in the process of imparting professional knowledge, and enable students to consciously strengthen ideological and moral cultivation and improve political consciousness in the process of learning scientific and cultural knowledge. Promote the coordinated development of college students' ideological and moral quality, scientific and cultural quality and healthy quality, and guide college students to be diligent in learning, good at creation, willing to contribute, and become a new socialist with ideals, morality, culture and discipline.

4. Conclusions

In modern society, college students face various pressures. College ideological and political education workers should pay attention to humanistic care and psychological counseling in their specific work practices, actively guide college students to turn pressure into motivation, and live a more fulfilling and beautiful spiritual life. It is necessary to combine the education of ideals and beliefs with the organization of college students to participate in social practice activities. College students' social practice activities include both off-campus activities and on-campus activities, including social life and social production labor. To this end, the ideological and political education of college students must be based on the development of modern people, and study the dialectical theory of human subjectivity and socialization, competition and cooperation, the overall development of students' ideological and spiritual life and the coordinated development of students and society and nature. In a word, the content of Ideological and political education of college students should take the overall development of college students as the goal, carry out quality education in depth, promote the coordinated development of College Students' ideological and moral quality, scientific and cultural quality and physical and mental health quality, and guide college students to be diligent in learning, creative and willing to contribute. To promote college students to gradually clarify and form their own road map to pursue their ideals, guides them to integrate the realization of their dreams into the process of realizing the Chinese dream, and in the process of realizing the Chinese dream, composes a brilliant chapter of life.

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